



## **MEDIA ADVISORY**

**FOR IMMEDIATE RELEASE**  
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### **Healthy Woman Program Enrolls 100 New Members in June**

**Lake Wales, FL** – Healthy Woman, a free community education resource sponsored by Lake Wales Medical Center, enrolled 100 new members during the month of June.

The enrollment blitz was part of a contest held by Healthy Woman to boost membership in the free program. Silke Herrod received a \$50 gas card for enrolling the most new Healthy Woman members during the month. With 2,157 members, Lake Wales Medical Center's Healthy Woman chapter is the second largest in the nation.

"We had close to 150 women at our June meeting, which is fantastic, particularly during the summer months," said Maryemma Bachelder, marketing director at Lake Wales Medical Center. "It's exciting to see so many women taking advantage of this free opportunity to learn about a variety of health care and general well-being topics, and to develop relationships with our hospital."

Healthy Woman offers free monthly programs on topics of interest to women. Meetings are held the fourth Thursday of each month at rotating locations in Lake Wales, Winter Haven, and Frostproof. All events are free, refreshments are served, and door prizes are awarded.

This month's program, Smart Women Finish Rich, will be held Thursday, July 24 at 6 p.m. at the Best Western Admiral's Inn in front of Cypress Gardens in Winter Haven. Membership in Healthy Woman is free, and there is no charge for the monthly meetings. For details or to register for a program, visit [www.lakewalesmedicalcenter.com](http://www.lakewalesmedicalcenter.com) and click on Healthy Woman, or call 678-2288.

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