



## **MEDIA ADVISORY**

**FOR IMMEDIATE RELEASE**  
**July 28, 2008**

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### **LWMC to Offer Diabetes Education Class**

**Lake Wales, FL** – “Staying Healthy with Diabetes,” a Lake Wales Medical Center program on diabetes self-management, will be held on Tuesday, July 29, 2008, from 9 a.m. to 3 p.m. This comprehensive diabetes education program is taught by Certified Diabetes Educator Judy Casingal, MSN, CDE, and Registered Dietician Jamie Moore, MPH, RD.

Reservations are required, and class size is limited. Cost is \$25, which covers all course materials and lunch. Participants are encouraged to bring a guest, who can attend free. New classes are held each month. For more information, or to register for a future class, please call Judy Casingal at 679-6823.

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