



MEDIA ADVISORY

FOR IMMEDIATE RELEASE

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LWMC Healthy Woman Celebrates Second Anniversary with Gala

Lake Wales, FL – The Healthy Woman program at Lake Wales Medical Center will celebrate its second anniversary with an Anniversary Gala, Thursday, April 24, 6 to 8 p.m. at the Lake Wales Arts Center.

Cost of the Gala is \$5, and attendees are encouraged to bring a gently-used item of business wear (blouses, skirts, dresses, suits, shoes, purses, accessories), to be donated to Lake Wales Care Center. Donated items will be used to aid women in Care Center's Transitional Housing program, to aid in their quest to get better jobs.

Guest speaker for the evening will be Anne Dunham, who will discuss how small acts can have big impacts on the lives of others. Dunham is a mental health counselor who practices in Winter Haven and is a sought-after motivational speaker throughout the southeastern United States.

Glenda Morgan, a licensed mental health counselor who practices in Lake Wales, will discuss her work with Care Center's transitional housing program, and share some of the program's success stories.

Heavy hors d'ouvres will be served. Attendance is limited to the first 200 registrants. Please RSVP by calling 678-2288.

Healthy Woman is a community education resource sponsored by Lake Wales Medical Center, designed to empower women with the knowledge and confidence to make informed healthcare decisions. The group holds free monthly events including presentations by local physicians, health screenings, seminars on current health topics, life management, relationships, and more.

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