



## **MEDIA ADVISORY**

**FOR IMMEDIATE RELEASE**

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### **LWMC to Offer Weight Loss Program**

**Lake Wales, FL** – Lake Wales Medical Center will present a Lunch & Learn program of Healthy Weight Loss on Wednesday, Aug. 27, at noon.

The program, led by LWMC Dietitian Jamie Moore, RD, MPH, will provide tips to reach and maintain a healthy weight. The meeting will be held in the 2<sup>nd</sup> floor meeting room of the Hunt Building at LWMC.

The event is free and a healthy lunch will be provided. Reservations are required and may be made by calling 679-6823.

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